

# Silent and Aggressive... PANCREATIC CANCER

## Did You Know ?

In 2008, an estimated 37,680 Americans will be diagnosed with pancreatic cancer. In the same year, an estimated 34,290 deaths from pancreatic cancer are expected to occur, according to the American Cancer Society. Pancreatic cancer is one of the most difficult tumors to detect and diagnose early.

### Do You Have These Potential Signs and Symptoms ?

- Unexplained weight loss
- Unexplained abdominal pain
- Unexplained back pain
- Loss of appetite
- Fatigue
- Indigestion, digestive problems
- Nausea and vomiting
- Diarrhea, constipation
- Increased blood sugar
- Jaundice (yellowing of eyes or skin)

### Are You At Risk ?

- Cigarette smoker or have smoked
- Family history of colon cancer
- Family history of pancreatitis
- Diagnosed with chronic pancreatitis
- Diabetic
- Diagnosed with cirrhosis of the liver
- Diet high in fat and processed meat
- Work exposure to chemicals
- Risk slightly higher in men than women

These possible warning signs may be related to other causes and should be evaluated by a physician. If you are experiencing any of these symptoms, please see your doctor as early as possible.

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